Carer Support Wiltshire

We offer unpaid carers:

- A telephone support line providing information, advice, and support
- A website offering information, advice, and support
- A Carers Assessment for those caring for an adult
- Monthly Carer Cafes (informal get togethers offering a break and peer support)
- Monthly Carer Support Groups (Structured with other Professionals attending to give specialised information and advice)
- Creative Carer Groups
- A 'Talk & Support' telephone befriending service
- Potential access to Counselling Services (dependant on funding at the time)
- Access to Training relevant to the caring role
- A Carers Emergency Card (Emergency Planning around the needs of those a carer supports if something happened to the carer)
- A Voice for carers through greater Carer Awareness and working with other statutory, private, and voluntary sector organisations

Specific to Malmesbury and the surrounding area we offer:

- A Monthly Carers Café held at Malmesbury Abbey on the morning of the 4th Thursday of each month
- A local Community Connector Ashley Harris (Support Worker for local unpaid carers, working with local professionals/people to improve unpaid carer awareness and services)

To find out further information and/or to refer a carer to us or to encourage a carer to contact us directly, you/they can get in touch in any of the following ways:

Telephone: 0800 181 4118 (Freephone when called from a landline or mobile)

Email: <u>admin@carersupportwiltshire.co.uk</u>.

Website: www.carersupportwiltshire.co.uk